

END NOTES: PART EIGHT

- ²⁶ Schipani, D. (2006, December). Can homework backfire?: Author Alfie Kohn calls into question the long-held belief that homework is good for kids. *Parent and Child Magazine*. Retrieved December 21, 2009, from <http://www2.scholastic.com/browse/article.jsp?id=8059>
- ²⁷ Cooper, H., Robinson, J.C., Civey, J., & Patall, E.A. (2006). Does homework improve academic achievement: A synthesis of research, 1987-2003. *Review of Educational Research*, 76, 1-62.
- ²⁸ Haddock, V. (2006, October 8). After years of piling it on, there's a new movement to . . . abolish homework. *San Francisco Chronicle*. Retrieved October 19, 2010, from http://articles.sfgate.com/2006-10-08/opinion/17314218_1_homework-elementary-students-american-schools
- ²⁹ Aloia, S. (2003, Fall). Teacher assessment of homework (as cited in Bennett, S., & Kalish, N. (2006). *The Case Against Homework: How homework is hurting our children and what we can do about it*. New York: Crown Publishers.
- ³⁰ Chaika, G. (2000, August 8). Help! Homework is wrecking my home life! *Education World*. Retrieved March 17, 2010, from http://www.educationworld.com/a_admin/admin/admin182.shtml
- ³¹ Wilde, M. (n.d.). Do our kids have too much homework? *Great Schools*. Retrieved December 23, 2009, from <http://www.greatschools.org/students/homework-help/homework-is-too-much.gs?content=251>
- ³² Winerip, M. (1999, January 3). Homework bound. *The New York Times*.
- ³³ The Associated Press. (2009, July 20). Too much homework? Parents, schools seek balance. *USA Today*.
- ³⁴ Bushouse, K. (2009, February 19). Homework levels set by board. *Sun Sentinel*.
- ³⁵ Bennett, S., & Kalish, N. (2006). *The Case Against Homework: How homework is hurting our children and what we can do about it*. New York: Crown Publishing Group.
- ³⁶ Bennett, S., & Kalish, N. (2006). *The Case Against Homework: How homework is hurting our children and what we can do about it*. New York: Crown Publishing Group.
- ³⁷ National Association of Early Childhood Specialists in State Departments of Education. (2000). *Still unacceptable trends in kindergarten entry and placement. A position statement. Revision and update*. (ERIC Document Reproduction Service No. ED445775)
- ³⁸ Achievement tests for young children. (2007, August 20). *Fairtest Fact Sheet*. Retrieved December 21, 2009, from <http://fairtest.org/achievement-tests-young-children>.

- ³⁹ Sherman, C.W. & Mueller, D.P. (1996). Developmentally Appropriate Practice and Student Achievement in Inner-City Elementary Schools: Head Start National Research Conference, June 1996.
- ⁴⁰ National Association for the Education of Young Children. (2003, March). *Early childhood curriculum, assessment, and program evaluation: Building an effective accountable system in programs for children birth through Age 8. Position Statement.* (ERIC Document Reproduction Service No. ED 482015)
- ⁴¹ Sadler, P. (2009, December 20). Little effect on college grades. *The New York Times*.
- ⁴² Bradt, S. (2006). High school AP courses do not predict college success in science. *The Harvard Gazette*.
- ⁴³ Gillum, J., & Toppo, G. (2010, February 4). Failure rate for AP tests climbing. *USA Today*.
- ⁴⁴ Bradt, S. (2006). High school AP courses do not predict college success in science. *The Harvard Gazette*.
- ⁴⁵ University of Virginia (2009, March 10). *Students Benefit From Depth, Rather Than Breadth, In High School Science Courses.* Retrieved December 23, 2009, from <http://www.sciencedaily.com/releases/2009/03/090305131814.htm>
- ⁴⁶ Fuller, B., Wright, J., Gesicki, K., & Kang, E. (2007). Gauging growth: How to judge No Child Left Behind. *Educational Researcher*, 36 (5), 268-278.
- ⁴⁷ Fuller, B., Wright, J., Gesicki, K., & Kang, E. (2007). Gauging growth: How to judge No Child Left Behind. *Educational Researcher*, 36 (5), 268-278.
- ⁴⁸ Study: Texas school system fosters low graduation rates. (2008, February 15). *Austin Business Journal*.
- ⁴⁹ McMurrer, J. (2008, February). Instructional time in elementary schools: A closer look at changes for specific subjects. *Center on Educational Policy*. Retrieved January 3, from http://www.cepdc.org/index.cfm?fuseaction=document_ext.showDocumentByID&nodeID=1&DocumentID=234
- ⁵⁰ Neill, M., & Gaylor, K. (2001). Do high-stakes graduation tests improve learning outcomes? Using state-level NAEP data to evaluate the effects of mandatory graduation tests. In G. Orfield and M.L. Kornhaber (Eds.) *Raising standard or raising barriers? Inequality and high-stakes testing in public education.* (pp.107-126). New York: Century Foundation Press. In M. Neill (2003, February). The Dangers of Testing. *Educational Leadership*, 60(5). Retrieved March 15, 2010, from http://www.ascd.org/publications/educational_leadership/feb03/vol60/num05/The_Dangers_of_Testing.aspx

- ⁵¹ Barton, P.E. (2002, January). *Raising achievement and reducing gaps*. Washington, DC: National Education Goals Panel. In M. Neill (2003, February). The Dangers of Testing. *Educational Leadership*, 60(5). Retrieved March 15, 2010, from http://www.ascd.org/publications/educational_leadership/feb03/vol60/num05/The_Dangers_of_Testing.aspx
- ⁵² Amrein, A., & Berliner, D. (2002). High-stakes testing, uncertainty, and student learning. *Education Policy and Analysis Archives*, 10(18). In M. Neill (2003, February). The Dangers of Testing. *Educational Leadership*, 60(5). Retrieved March 15, 2010, from http://www.ascd.org/publications/educational_leadership/feb03/vol60/num05/The_Dangers_of_Testing.aspx Available: <http://epaa.asu.edu/ojs/article/view/297>
- ⁵³ Jacob, B. (2001). Getting tough? The impact of high school graduation exams. *Educational Evaluation and Policy Analysis*, 23(2). In M. Neill (2003, February). The Dangers of Testing. *Educational Leadership*, 60(5). Retrieved March 15, 2010, from http://www.ascd.org/publications/educational_leadership/feb03/vol60/num05/The_Dangers_of_Testing.aspx
- ⁵⁴ McNeil, M. (2009, July 23). 'Race To Top' guidelines stress test use of test data. *Education Week*. Retrieved October 19, 2010, from <http://www.edweek.org/ew/articles/2009/07/23/37race.h28.html?tkn=MLNFFylmmIZ6m43xtI3Belg0vMbLlUE7w1U4>
- ⁵⁵ Paying teachers for student test scores damages schools and undermines learning. (2007, August 20). *Fairtest Fact Sheet*. Retrieved December 21, 2009, from <http://fairtest.org/paying-for-student-test-scores-damages-schools>
- ⁵⁶ Stutz, T. (2009, November 4). Study: Texas' teacher merit pay program hasn't boosted student performance. *Dallas Morning News*.
- ⁵⁷ An open letter to Arne Duncan from James Crawford. (2009, August 19). Retrieved October 19, 2010, from <http://edjustice.blogspot.com/2009/08/race-to-top.html>
- ⁵⁸ Feingold-requested study shows testing mandates in NCLB may promote negative educational practices. (2009, November 18). *Wisconsin U.S. Senator Russ Feingold Press Release*. Retrieved December 23, 2009, from <http://feingold.senate.gov/record.cfm?id=320027>
- ⁵⁹ Berfield, S., & Tergesen, A. (2007, October 27). I can get your kid into an Ivy. *Business Week*. Retrieved October 19, 2010, from http://www.businessweek.com/magazine/content/07_43/b4055063.htm
- ⁶⁰ Medina, J. (n.d.). Stress. *Brain Rules*. Retrieved December 31, 2009 from, www.brainrules.net/stress
- ⁶¹ A.D.A.M. (2009, February 13). Stress and anxiety. *The New York Times*. Retrieved October 19, 2010, from <http://health.nytimes.com/health/guides/symptoms/stress-and-anxiety/risk-factors.html>

- ⁶² Whitman, N.A., And Others. (1985). Student stress: Effects and solutions. ERIC Digest 85-1. *Association for the Study of Higher Education. ERIC Clearinghouse on Higher Education Washington DC.* (ERIC Identifier No. ED284154) Retrieved October 19, 2010, from <http://www.ericdigests.org/pre-926/stress.htm>
- ⁶³ Journal of Personality and Social Psychology. (2006, December). Cited in Bennett, S., & Kalish, N. (2006). *The Case Against Homework: How homework is hurting our children and what we can do about it.* New York: Crown Publishing Group.
- ⁶⁴ KidsHealth KidsPoll. (2005). *Kids and stress—how do they handle it?* National Association of Health Education Centers (NAHEC).
- ⁶⁵ Stein, R. (2009, April 6). Research links poor kids' stress, brain impairment. *The Washington Post.* Retrieved October 19, 2010, from <http://www.washingtonpost.com/wp-dyn/content/article/2009/04/05/AR2009040501719.html>
- ⁶⁶ National Sleep Foundation. (n.d.). *How much sleep do we really need?* Retrieved December 29, 2009, from <http://www.sleepfoundation.org/article/how-sleep-works/how-much-sleep-do-we-really-need>
- ⁶⁷ National Sleep Foundation. (n.d.). *How much sleep do we really need?* Retrieved December 29, 2009, from <http://www.sleepfoundation.org/article/how-sleep-works/how-much-sleep-do-we-really-need>
- ⁶⁸ Wolfe, P. (2005). Advice for the sleep-deprived. *Educational Leadership*, 62(7), 39-40.
- ⁶⁹ Carpenter, S. (2001, October). Sleep deprivation may be undermining teen health. *APA Monitor on Psychology* (32).
- ⁷⁰ National Sleep Foundation. (n.d.). *How much sleep do we really need?* Retrieved December 29, 2009, from <http://www.sleepfoundation.org/article/how-sleep-works/how-much-sleep-do-we-really-need>
- ⁷¹ National Sleep Foundation. (n.d.). *Myths and facts about sleep.* Retrieved March 15, 2010, from <http://www.sleepfoundation.org/article/hot-topics/myths-and-facts-about-sleep>
- ⁷² National Sleep Foundation. (n.d.). *Backgrounder: Later school start times.* Retrieved October 19, 2010, from <http://www.sleepfoundation.org/article/hot-topics/backgrounder-later-school-start-times>
- ⁷³ Brent, D. (2005). Is the medication bottle for pediatric and adolescent depression half-full or half-empty? *Journal of Adolescent Health*, 37(6), 431-433.

- ⁷⁴ Grunbaum, J. A., Kann, L., Kinchen, S., Ross, J., Hawkins, J., Lowry, R., Harris, W. A., McManus, T., Chyen, D., & Collins, J. (2004). Youth risk behavior surveillance - United States, 2003. *Morbidity & Mortality Weekly Report*, 53, 1-96.
- ⁷⁵ National Institute of Mental Health. (n.d.). *Depression*. Retrieved December 29, 2009, from <http://www.nimh.nih.gov/health/publications/depression/complete-index.shtml#pub9>.
- ⁷⁶ National Institute of Mental Health. (n.d.). *Depression*. Retrieved December 29, 2009, from <http://www.nimh.nih.gov/health/publications/depression/complete-index.shtml#pub9>.
- ⁷⁷ Drapkin, J. (2005, May). Down and out in suburbia. *Psychology Today*, Retrieved October 19, 2010, from <http://www.psychologytoday.com/articles/200505/down-and-out-in-suburbia>
- ⁷⁸ Department of Health and Human Services: Center for Disease Control and Prevention. (n.d.) *Youth suicide*. Retrieved December 29, 2009, from <http://www.cdc.gov/ncipc/dvp/suicide/youthsuicide.htm>
- ⁷⁹ Academy of Child & Adolescent Psychiatry (2008, May.). *Teen suicide*. Facts for Families. Retrieved December 29, 2009, from http://www.aacap.org/cs/root/facts_for_families/teen_suicide
- ⁸⁰ Department of Health and Human Services: Center for Disease Control and Prevention. (n.d.) *Youth suicide*. Retrieved December 29, 2009, from <http://www.cdc.gov/ncipc/dvp/suicide/youthsuicide.htm>
- ⁸¹ Goodenow, C. (n.d.). *Trends and influences in school safety, suicidality, and achievement among GLB youth*. National Education Association GLBT Summit 2008.
- ⁸² Reilly, N. (2008, July). *A primer on childhood and adolescent depression*. Children's Emotional Health Link. Retrieved October 19, 2010, from http://www.cehl.org/art_94.shtml
- ⁸³ White, J. (n.d.). *Risk & protective factors*. British Columbia Ministry of Children and Family Development. Retrieved December 29, 2009, from http://www.mcf.gov.bc.ca/suicide_prevention/protective_factors.htm
- ⁸⁴ Access my Library. (n.d.). *Most kids cheat, study says. (Top stories from slj.com)(Brief article)*. Retrieved December 30, 2009, from <http://www.accessmylibrary.com/article-1G1-178120084/most-kids-cheat-study.html>
- ⁸⁵ Kohn, A. (2007, October) Who's cheating whom? *Phi Delta Kappan*. Retrieved October 19, 2010, from <http://www.alfiekohn.org/teaching/cheating.htm>
- ⁸⁶ Kohn, A. (2007, October) Who's cheating whom? *Phi Delta Kappan*. Retrieved October 19, 2010, from <http://www.alfiekohn.org/teaching/cheating.htm>

- ⁸⁷ Chen, G. (2009, August 13). Cheating scandals in public schools grow exponentially. *The Public School Review*.
- ⁸⁸ Slobogin, K. (2002, April 5). Survey: Many students say cheating's OK. CNN Student News. Retrieved December 29, 2009, from <http://edition.cnn.com/2002/fyi/teachers.ednews/04/05/highschool.cheating/>
- ⁸⁹ Educational Testing Service & Ad Council. (1999). Cheating is a personal foul. *Academic Cheating Fact Sheet*. Retrieved October 19, 2010, from <http://www.glass-castle.com/clients/www-nocheating-org/adcouncil/research/cheatingfactsheet.html>
- ⁹⁰ Lyons, L. (2004). *Most teens associate school with boredom, fatigue*. The Gallup Youth Survey, January 22 - March 9, 2004. Retrieved June 24, 2009, from <http://www.gallup.com/poll/11893/most-teens-associate-school-boredom-fatigue.aspx>
- ⁹¹ Neill, M. (2003, February). The Dangers of Testing. *Educational Leadership*, 60 (5). Retrieved March 15, 2010, from http://www.ascd.org/publications/educational_leadership/feb03/vol60/num05/The_Dangers_of_Testing.aspx
- ⁹² Larson, R. (2000). Toward a psychology of positive youth development. *American Psychologist*, 55(1), 170-183.
- ⁹³ Ginsburg, K. R., The Committee on Communications, & The Committee on Psychosocial Aspects of Child and Family Health. (2007, January). The importance of play in promoting healthy child development and maintaining strong parent-child bonds. *American Academy of Pediatrics*, 119(1), 182-191.
- ⁹⁴ Stanford Prevention Research Center. (2007, February). *Building "Generation Play": Address the crisis of inactivity among America's children*. A Report by Stanford University.
- ⁹⁵ Institute for Social Research. (2004). *Changing times of American Youth: 1981-2003*. University of Michigan.
- ⁹⁶ Dubroc, A. M. (2007, February 4). *Is the elimination of recess a violation of a child's basic human rights?* (ERIC Document Reproduction Service No. ED495814).
- ⁹⁷ Knishkowsky, B., Palti, H., Tima, C., Adler, B., & Gofin, R. (1995). Symptom clusters among young adolescents. *Adolescence*, 30. Retrieved October 19, 2010, from <http://www.questia.com/googleScholar.qst?docId=5001649273>
- ⁹⁸ National Center for Education Statistics [NCES] (2004). *The condition of education 2004, indicator 18: Remediation and degree completion*. Washington, DC: U.S. Department of Education.

- ⁹⁹ Lewin, T. (2009, December 9). College dropouts cite low money and high stress. *The New York Times*. Retrieved October 19, 2010, from http://www.nytimes.com/2009/12/10/education/10graduate.html?_r=1
- ¹⁰⁰ Van Buskirk, E. (2009, December 3). Former test-prep exec plots industry makeover. *Wired. Epicenter*. Retrieved October 19, 2010, from <http://www.wired.com/epicenter/2009/12/test-prep-internet/>
- ¹⁰¹ <http://www.usnews.com/usnews/news/artoc;es/070314/14nclb.htm>
- ¹⁰² Holland, G. (2008, August 8). SAT maker plans new test to assess 8th-grade students. *Los Angeles Times*. Retrieved October 19, 2010, from <http://articles.latimes.com/2008/aug/08/local/me-test8>
- ¹⁰³ Bennett, S., & Kalish, N. (2006). *The Case Against Homework: How homework is hurting our children and what we can do about it*. New York: Crown Publishing Group.
- ¹⁰⁴ Brauser, D. (2009, August 27). Prescription ADHD medication abuse by adolescents on the rise. *Medscape Medical News*. Retrieved October 19, 2010, from <http://www.medscape.com/viewarticle/708037>
- ¹⁰⁵ Desantis, A. D., Webb, E., & Noar, S. (2008, November-December). Illicit use of prescription ADHD medication on a college campus: A multimethodological approach. *Journal of American College Health, 57*(3), 315-324.
- ¹⁰⁶ Luthar, S., & D'Avanzo, K. (1999). Contextual factors in substance use: A study of suburban and inner-city adolescents. *Development and Psychopathology, 11*, 845-867.
- ¹⁰⁷ Califano, J.A. (2007, March). *Wasting the best and the brightest: Substance abuse at America's colleges and universities*. Report from The National Center on Addiction and Substance Abuse (CASA) at Columbia University.
- ¹⁰⁸ QEV Analytics. (2009, September). *The importance of family dinners V*. Report from The National Center on Addiction and Substance Abuse (CASA) at Columbia University.
- ¹⁰⁹ American Academy of Pediatrics. (2002). Sports injuries a growing problem in kids. "Kids Health" Supplement in the Weekend Edition of *USA Today*. Retrieved December 29, 2009, from <http://www.aap.org/advocacy/releases/sportsinjury.htm>
- ¹¹⁰ Iyer, S. R. (2001). An ergonomic study of chronic musculoskeletal pain in schoolchildren. *Indian Journal of Pediatrics, 68* (10), 937-941.